

**WELSH HOCKEY
UNION LIMITED
UNDEB HOCI CYMRU
CYFYNGEDIG**



**COACHES
RULES OF CONDUCT**

WELSH HOCKEY UNION LIMITED ("Union") RULES OF CONDUCT FOR SPORTS COACHES

| <i>Principle</i> | <i>Statement</i> | <i>Issues</i> |
|--|---|--|
| Rights | Coaches must respect and champion the rights of every individual to participate in sport | <p>Coaches should</p> <ul style="list-style-type: none"> ▪ Assist in the creation of an environment where every individual has the opportunity to participate in a sport and activity of their choice ▪ Create and maintain an environment free of fear and harassment ▪ Recognise the rights of all athletes to be treated as individuals ▪ Recognise the rights of athletes to confer with other coaches and experts ▪ Promote the concept of a balanced lifestyle, supporting the well-being of the athlete both in and out of the sport |
| Relationships | Coaches must develop a relationship with athletes (and others) based on openness, honesty, mutual trust and respect | <p>Coaches</p> <ul style="list-style-type: none"> ▪ Must not engage in behaviour that constitutes any form of abuse (physical, sexual, emotional, neglect, bullying) ▪ Should promote the welfare and best interests of their athletes ▪ Must avoid sexual intimacy with athletes either while coaching them or in the period of time immediately following the end of the coaching relationship ▪ Must take action if they have a concern about the behaviour of an adult towards a child ▪ Should empower athletes to be responsible for their own decisions ▪ Should clarify the nature of the coaching services being offered to athletes ▪ Should communicate and cooperate with other organisations and individuals in the best interests of athletes |
| Responsibilities- Personal Standards | Coaches must demonstrate proper personal behaviour and conduct at all times | <p>Coaches</p> <ul style="list-style-type: none"> ▪ Must be fair, honest and considerate to athletes and others in their sport ▪ Should project an image of health, cleanliness and functional efficiency ▪ Must be positive role models for athletes at all times |
| Responsibilities- Professional Standards | To maximise benefits and minimise the risks to athletes, coaches must attain a high level of competence through formal qualifications and commit to ongoing | <p>Coaches will</p> <ul style="list-style-type: none"> ▪ Provide a safe environment that maximises benefits and minimises risks to athletes in achieving their goals ▪ Promote the execution of safe and correct practice ▪ Be professional and accept responsibility for |

| | | |
|--|--|--|
| | training that ensures safe and correct practice. | <p>their actions</p> <ul style="list-style-type: none"> ▪ Make a commitment to providing a quality service to their athletes ▪ Actively promote the positive benefits to society of participation in sport ▪ Contribute to the development of coaching as a profession by exchanging knowledge and ideas with others ▪ Gain National Governing Body (Union) qualifications appropriate to the level at which they coach. |
|--|--|--|

Adapted by kind permission of Sports Coach UK from their Coaches Code of Conduct

All persons working with or in contact with children under the auspices of the Union will be subject to the Child Protection Regulations of the Union from time to time in force.

WHUL Board
April 2004